

CARING

Good Ideas For Winners Walk Tall
Presentations

Character Coach Name: Chris Grupenhoff

Presentation Made to Grade: 2nd Grade

Topic: Pillar Review

Pillar: All

DETAILS:

I used this as a review for the entire year. The children used the code at the top to solve for the words. See attached work sheet.

<INSERT WORKSHEET>

Winners Walk Tall Presentation Idea

Character Coach Name: Susan Claggett & Kim Crawley

Presentation Made to Grade: 2nd

Topic: Christmas gift or other gift idea

Pillar: Caring

DETAILS:

We got a little cut out of Santa (or any appropriate figure) and photocopied it and gave one to each child. The child was to write 3 things they liked about their teacher on the Santa or 3 ways their teacher shows that they care for them.

On the back, the child writes one way they (the children) are caring or a way they show caring.

We collected them all and gave them to the child's teacher as a Christmas gift.

WINNERS WALK TALL PRESENTATION IDEA

Character Coach Name: Susan Clifford
Presentation Grade: 3rd
Topic: Wheel of Fortune
Pillar: All

DETAILS:

Practice gold balls are inexpensive and work well as alternatives to ping pong balls. With permanent marker, write on each ball so you have as many balls as kids in your class. Put the balls in a plastic painter's bucket – again cheap!

Draw a blank for each letter of our slogan on the board. It's a good idea to have the slogan in your hand so you can see how many of each letter. Give each student a number – it's their responsibility to remember the number and to pay attention!

Take turns pulling numbers out of the bucket – get the teacher to do that. The student with the number gives a letter, and you, Vanna, fill in the blanks. The first one to guess the slogan gets a prize.

I used part of a slogan and also gave a prize to the one who could finish it off.

For example: The Buck Stops Here!
 What's right is right even if no one else is doing it!
 What's wrong is wrong even if everyone else is doing it!

WINNERS WALK TALL PRESENTATION IDEA

Character Coach Name: Mike Linardi
Presentation Grade: 3rd
Topic: Listening Shows You Care
Pillar: Caring

DETAILS:

I did some role-playing with this topic to help them understand how it feels when someone doesn't listen to you.

I first asked the class three questions:

1. Do you like it when other people listen to you?
2. How does it make you feel?
3. Can you remember a time when someone wasn't listening to you?

I then shared the "Top Ten Tools for Effective Listening."

Roll Plays: (I asked for a child to help me role play positive listening skills)

1. I asked the child to tell me about his/her weekend.
2. I showed good listening skills such as eye contact, body language, didn't interrupt, et cetera.
3. We repeated the role-play but this time I portrayed negative listening skills. I interrupted, looked around the room, talked about myself, et cetera.

Homework Assignment to the class: To practice good listening skills.

See attached Top 10 Tools for Effective Listening

Good Ideas For Winners Walk Tall
Presentations

Character Coach Name: --

Presentation Made to Grade: 4th

Topic: The Big Picture

Pillar: Fairness

DETAILS:

Ideas to pass along to the children-what is meant by fairness. Play by the rules. Take turns and share. Be open-minded and listen to others. Don't take advantage of others. Don't blame others carelessly.

The Big Picture.

Use as a prop a large piece of paper with a very small hole in the center.

Have the students line up in the front of the class. Walk by them with the paper and a poster behind it. Ask each student what they saw.

Discuss how they have only a limited view.

Can they see the things surrounding the object?

Take the paper down - see the whole picture.

See it more clearly. Often we get angry when we can only see a small part of the situation. It is like looking through a tiny hole (the paper). Sometimes we miss important points.

Take the time to know all of the facts and look at the BIG picture.

Good Ideas For Winners Walk Tall
Presentations

Character Coach Name: Mary Ann Gleason

Presentation Made to Grade: 4th

Topic: Caring Recipe

Pillar: Caring

DETAILS:

What is a recipe? (Instructions for making something). Today we are going to put together a “Caring Recipe.” What qualities make a caring person? (We will call these ingredients.) Tell me what it looks like, what it sounds like and what it feels like – smiley face, “thank you” and happy.

Next if we had a recipe we would have to do what to tell a person how to put it together or bake it?

Example- Start with a big heart, and add one cup of kindness. Mix in xxx and xxx. Stir in a large scoop of xxx and sprinkle of xxxx.

*****Found this on the Internet and modified it.***

Good Ideas For Winners Walk Tall
Presentations

Character Coach Name: Cathie Liebl

Presentation Made to Grade: 5th

Topic: I Am Kind

Pillar: Caring

DETAILS:

Provided a brief introduction to Caring covering the various character traits and then read the following story, "A Red Marble", followed by a discussion of who was kind and why. The students really "got it".

A Red Marble

During the waning years of the depression in a small southeastern Idaho community, I used to stop by Mr. Miller's roadside stand for farm-fresh produce as the season made it available.

Food and money were still extremely scarce and bartering was used, extensively. One particular day, Mr. Miller was bagging some early potatoes for me.

I noticed a small boy, delicate of bone and feature, ragged but clean, hungrily appraising a basket of freshly picked green peas. I paid for my potatoes but was also drawn to the display of fresh green peas. I am a pushover for creamed peas and new potatoes.

Pondering the peas, I couldn't help overhearing the conversation between Mr. Miller and the ragged boy next to me.

"Hello Barry, how are you today?"

"H'lo, Mr. Miller. Fine, thank ya. Jus' admirin' them peas... sure look good."

"They are good, Barry. How's your Ma?"

"Fine. Gittin' stronger alla' time."

"Good. Anything I can help you with?"

"No, Sir. Jus' admirin' them peas."

"Would you like to take some home?"

"No, Sir. Got nuthin' to pay for 'em with."

"Well, what have you to trade me for some of those peas?"

"All I got's my prize marble here."

"Is that right? Let me see it."

"Here 'tis. She's a dandy."

“I can see that. Hmmm, only thing is this one is blue and I sort of go for red. Do you have a red one like this at home?”

“Not ‘aackley.....but, almost.”

“Tell you what. Take this sack of peas home with you and next trip this way let me look at that red marble.”

“Sure will. Thanks, Mr. Miller.”

Mrs. Miller, who had been standing nearby, came over to help me. With a smile she said: “There are two other boys like him in our community, all three are in very poor circumstances.

Jim just loves to bargain with them for peas, apples, tomatoes or whatever. When they come back with their red marbles, and they always do, he decides he doesn’t like red after all and he sends them home with a bag of produce for a green marble or an orange one, perhaps.”

I left the stand, smiling to myself, impressed with this man.

A short time later I moved to Colorado but I never forgot the story of this man, the boys and their bartering.

Several years went by each more rapid than the previous one. Just recently I had occasion to visit some old friends in that Idaho community and while I was there learned that Mr. Miller had died.

They were having his viewing that evening and knowing my friends wanted to go, I agreed to accompany them.

Upon our arrival at the mortuary we fell into line to meet the relatives of the deceased and to offer whatever words of comfort we could.

Ahead of us in line were three young men. One was in an army uniform and the other two wore nice haircuts, dark suits and white shirts...very professional looking.

They approached Mrs. Miller, standing smiling and composed by her husband’s casket.

Each of the young men hugged her, kissed her on the cheek, spoke briefly with her and moved on to the casket.

Her misty light blue eyes followed them as, one by one, each young man stopped briefly and placed his own warm hand over the cold pale hand in the casket.

Each left the mortuary, awkwardly, wiping his eyes.

Our turn came to meet Mrs. Miller. I told her who I was and mentioned the story she had told me about the marbles.

Eyes glistening she took my hand and led me to the casket. “Those three young men, who just left, were the boys I told you about.

They just told me how they appreciated the things Jim “traded” them. Now, at last when Jim could not change his mind about color or size...they came to pay their debt. “We’ve never had a great deal of the wealth of this world,” she confided, “but, right now, Jim would consider himself the richest man in Idaho.”

With loving gentleness she lifted the lifeless gingers of her deceased husband. Resting underneath were three exquisitely shined red marbles.

Moral: We will not be remembered by our words, but by our kind deeds.

Winners Walk Tall
Pillar: Caring
Lesson: "I am Kind"

- I. Talk about Caring – What does it mean to be caring.
- II. Pass out the scroll. "I am Kind"
- III. Discuss the questions: What does caring behavior look like?
- IV. Pass out paper and ask the students draw a time that they were treated with kindness
- V. Ask the students to talk about what they drew and how it felt to be treated with kindness.
- VI. Ask the students to tell me what a caring school looks like.
- VII. Compliment them on their great artwork and for being such a caring person

Good Ideas For Winners Walk Tall
Presentations

Character Coach Name: Sara J Davidson

Presentation Made to Grade: 3rd & 4th

Topic: Whom do you trust?

Pillar: Trustworthiness (Also Responsibility, Respect, Caring)

DETAILS:

I blindfold a child and pick another child to be in charge of walking the blindfolded child around the room without bumping into anything. The blindfolded child feels how it is to trust and the caretaker experiences responsibility.

The students ask to do this over and over. I then try to relate it to working in groups.

The Top 10 Tools for Effective Listening

1. STOP TALKING! It is difficult to listen and speak at the same time.
2. Put the other person at ease. Give them space and time and permission to speak their peace. How we look at them, how we stand or sit, makes a huge difference. Relax. And let them relax as well.
3. Show the other person that you want to hear them. Look at them. Nod when you agree, ask them to explain further if you don't understand. Listen to understand them and their words rather than just for your turn.
4. Remove distractions. Good listening means being willing to turn off the T.V., close a door, or stop reading your mail. Give the speaker your full attention and let them know they're getting your full attention.
5. Empathize with the other person. Especially if they are telling you something painful or personal. Or something you intensely disagree with. Take a moment to stand in their shoes to look at the situation from their point of view.
6. Be patient. Some people take longer to find the right word to make a point or clarify an issue. Give the speaker time to get it all out before you jump in with your reply.
7. Watch your own emotions. If what they are saying creates an emotional response in you be extra careful to listen carefully, with attention and full meaning of their words. When we are angry, frightened or upset, we often miss critical parts of what is being said to us.
8. Be very slow to disagree, criticize, or argue. Even if you disagree let them have their point of view. If you respond in a way that makes the other person defensive, even if you win the argument, you may lose something more valuable.
9. Ask lots of questions. Ask the speaker to clarify, to say more, give an example, or explain further. It will help them speak more precisely and it will help you hear and understand them more accurately.
10. STOP TALKING! This is both the first and the last point because all other tools depend on it. Nature gave us two ears and one tongue, which is a gentle hint that we should listen twice as much as we talk.

Good Ideas For Winners Walk Tall
Presentations

Character Coach Name: Case Marsh
Presentation Made to Grade: 4th and Older
Topic: Friendship
Pillar: Caring

DETAILS:

EMERGENCY FRIENDSHIP SYSTEM

This is just something that was found on the Internet and we thought you might be able to use it for a discussion.

...A friend does most or all of these.....

- (A)ccepts you as you are
- (B)elieves in “you”
- (C)alls you just to say “HI”
- (D)oesn’t give up on you
- (E)nvvisions the whole of you (even the unfinished parts)
- (F)orgives your mistakes
- (G)ives unconditionally
- (H)elps you
- (I)nvites you over
- (J)ust “be” with you
- (K)eeps you close at heart
- (L)oves you for who you are
- (M)akes a difference in your life
- (N)ever judges
- (O)ffers support
- (P)icks you up
- (Q)uiets your fears
- (R)aises your spirits
- (S)ays nice things about you
- (T)ells you the truth when you need to hear it.
- (U)nderstands you
- (V)alues you
- (W)alks beside you
- (X)-plains things you don’t understand
- (Y)ells when you won’t listen and
- (Z)aps you back to reality

Good Ideas For Winners Walk Tall
Presentations

Character Coach Name: Mary Ann Gleason

Presentation Made to Grade: 4th

Topic: The Giving Box

Pillar: Caring

DETAILS:

Are you kind with your words and actions? Wrap the top of a small box with wrapping paper and a bow. Use this as a prop. Tell the class that we can give presents to others that are just as nice as a gift in a box. They are called compliments.

When we smile or say something nice to someone, it is like giving a gift.

Some ideas: Tell someone that they have a nice smile. I am glad you are my friend. Thanks for always helping out, et cetera.

Have the students sit in a circle.

Sit in the middle. Give a compliment to someone in the circle and then pass the box to him or her and ask that they compliment the person next to them. Go all the way around the circle.

Discuss how it feels to receive a compliment.

Found on the Internet and modified.

Good Ideas For Winners Walk Tall
Presentations

Character Coach Name: Chuck Gerhardt

Presentation Made to Grade: 3rd and 6th

Topic: What do you care about and how do you show it?

Pillar: Caring

DETAILS:

I started this pillar just before the Christmas holiday and suggested that the student use the break to practice some of the things we would talk about.

First, I asked the class “who or what do you care about?” The obvious answers were given – parents, brothers, sisters, friends, pets, school... I told them that caring about people is a two-way street. They care back and maybe pets do, too. I suggested that caring about things is also important but has more to do with responsibility and citizenship.

I asked several students how someone was kind to them. I asked them how it made them feel and how they thought it made the other person (or pet) feel. We agreed that showing kindness makes both you and the other person feel good. We talked about how a smile is contagious and that “when you smile the whole world smiles with you.”

I smiled at several students and asked if their reaction would be to smile back or to frown. Then I smiled in an insincere way to several students and asked what their reaction was. We agreed that sincerity is an important part of caring along with showing kindness and actually doing something.

Next, I proposed several situation to the students, taken from Good Ideas to Help Young People Develop Good Character, Vol. 2, page 221 (copy attached). For example, I asked “What would you do if... a new student has started school and doesn’t know anyone?” This was a “feel good” exercise and almost everyone had a caring suggestion. After several of these, we concluded that “what can I do for you is one of the most magical questions in the world. And that caring, doing good deeds, performing random acts of kindness and expecting nothing in return are positive practices.

As an assignment, I asked everyone to smile at a stranger, shake an adult’s hand and do a random act of kindness, at least once during the holiday and report back what happened.

IDEA #81 HANDOUT: CARING SITUATIONS

Describe what a caring person would do in the following situations. Remember an ethical person tries to make his or her behavior reflect all of the “Six Pillars of Character” – trustworthiness, respect, responsibility, fairness, caring, and citizenship.)

1. A new student has started school and doesn't know anyone.
2. One of your teenage friends uses drugs or drinks alcohol.
3. One of your classmates didn't make a school team and feels bad.
4. One of your fellow students has been upset for several days.
5. Your friend's boyfriend or girlfriend is secretly dating someone else.
6. Someone vandalized the school and you know who did it.
7. One of your classmates is always left out of social activities.
8. A friend's uncle died recently.
9. It is the holiday season and parents of some fellow students have been out of work for a long time because a local factory closed down.
10. A fellow student has a serious disease.
11. You hear some students gossiping and putting down other people.
12. One of your teachers is upset and sometimes cries during class. You have heard that she and her husband are getting a divorce.
13. A classmate must pass the next math test to pass for the year.

Good Ideas For Winners Walk Tall
Presentations

Character Coach Name: Chuck Gerhardt

Presentation Made to Grade: 3rd and 6th

Topic: Be Kind and Watch What You Say

Pillar: Caring

DETAILS:

This presentation followed the Christmas holiday during which the students were to try several caring practices – smile at a stranger, shake an adult’s hand, do a random act of kindness. I asked the class for examples of what they did and what the reaction was. The third graders generally all had positive results. The sixth graders had a mix of positive results and “they looked at me strangely” reactions. I suggested that they keep practicing – smile and they will smile back and both of you will feel good. Do something good and you will be proud of yourself. And shake hands well – you are introducing and asserting YOU.

Next, I introduced George (or Igor as I called him). This idea came from Linda Rajacich, CC! Mid-Shore Community Coordinator. George is a cut-out figure of a child. You ask the class to say mean/uncaring things to George – “You’re ugly,” “go away”, and “we don’t want you here, “ “weird clothes,” “dumb name,” ...

For each mean thing said you crumple up a hand, arm, leg, et cetera. Then you ask the class to say nice/caring things to George – “Hi, do you want to play with us,” “neat name,” ... Uncrumple and smooth out the figure with each nice comment.

Then ask if anyone sees anything different about George. Yes, he has all of these creases – call them “hurt feelings.” Ask what caused the hurt feelings. Ask what helped get rid of them. Emphasize that once there is a crease or hurt feeling you can’t get rid of it completely. You can’t take back something you have said. Ask how long will the creases/hurt feelings last. Conclude that some will last a long time.

I ended this session by saying it is important to connect your brain AND YOUR HEARET to your mouth. You must be careful and CARE about what you say. It can affect how other people feel and what people think about you for a long time.

NOTE: The children enjoyed this presentation and I believe they understood the importance of the message. I mentioned to the sixth graders that it is possible that hurting classmates’ feelings and treating them as outcasts can lead to terrible t hings, like the Columbine HS situation.

Good Ideas For Winners Walk Tall
Presentations

Character Coach Name: --
Presentation Made to Grade: All
Topic: I am Kind
Pillar: Caring

DETAILS:

Talk about Caring – what does it mean to be caring? Pass out the scroll, “I am Kind.” Discuss the questions: What does caring behavior look like? Pass out paper and ask the students to draw a time that they were treated with kindness.

As the students to talk about what they drew and how it felt to be treated with kindness. Ask the students to tell me what a caring school looks like. Compliment them on their great artwork and for being such caring persons.