

**RESPECT**

## Winners Walk Tall Presentation Idea

Character Coach Name: Vin Brown  
Presentation Grade: 1<sup>st</sup>  
Topic: General  
Pillar: ALL

### DETAILS

Each week before I leave I ask the class to stand and lift their thumb in the air as we say together:

*“WHEN I CHOOSE TO DO THE RIGHT THING, I AM A WINNER!”*

They point to themselves with their thumbs as they say, “when I choose.” As I get ready to leave they automatically get up to remind me to do this with them.

## Winners Walk Tall Presentation Idea

Character Coach Name: Vin Brown  
Presentation Grade: 1<sup>st</sup>  
Topic: General  
Pillar: ALL

### DETAILS:

I made up a song to the tune of Zippity Doo Dah. I sing it with the kids five to six times a year. They love it and ask me all the time to sing it.

Zippity Doo Dah, Zippity Ay;  
My Oh My, I'm a Winner today.  
Plenty of good things heading my way,  
Zippity Doo Dah, Zippity Ay.

Good character makes you a winner;  
Keep your head up,  
You won't fall,  
Do what's right and you'll stand tall.  
Zippity Doo Dah, Zippity Ay;  
It feels so good to be a winner today!

## Winners Walk Tall Presentation Idea

Character Coach Name: Jen Thomas  
Presentation Grade: 2nd  
Topic: Etiquette in Other Countries  
Pillar: Respect

### DETAILS:

Discussed good manners in our country such as what is acceptable and what is considered unacceptable while eating, behavior when meeting someone new, phone etiquette, et cetera.

Select various countries around the world. There is a lot of information on the Internet or in the library. The countries I chose were:

Germany – it is unacceptable to be late. It is very insulting to a German. When being introduced wait to see if she extends her hand. In group settings the eldest person always enters first.

Spain – Shorts are not normally worn in public. Dinner is usually served after 9:00 p.m. (Eat a big snack!)

France – French handshakes are not as firm as they are in the U.S. Always shake hands when meeting and when leaving. Privacy is very important. Always knock before entering and do not “drop in” unannounced. French frequently interrupt each other.

Russia - Do not show the soles of your shoes, this is impolite. Speaking or laughing loudly in public is rude. Patience is extremely important; punctuality is not.

## Winners Walk Tall Presentation Idea

Character Coach Name: Christine Grupenhoff

Presentation Grade: 2nd

Topic: Pillar Review

Pillar: All

### DETAILS:

Find the Six Pillars of Character. I used this as a review for the entire year. See attached work sheet.

<INSERT FIND 6 PILLARS WORKSHEET>

## Winners Walk Tall Presentation Idea

Character Coach Name: Christine Grupenhoff

Presentation Grade: 2nd

Topic: Pillar Review

Pillar: All

### DETAILS:

I used this as a review for the entire year. The children used the code at the top to solve for the words. See attached work sheet s Walk Tall Presentation Idea.

<INSERT CODE WORKSHEET>

## . Winners Walk Tall Presentation Idea

Character Coach Name: Jen Thomas  
Presentation Grade: 2nd  
Topic: People With Disabilities  
Pillar: Respect

### DETAILS:

Supplies: Rubber bands, belt, scarf, earmuffs, wheelchair (if available), crutches, sling.

Ask students if they know what a disability is and if they know anyone or have ever seen someone with a disability – either permanent or temporary.

How do they think their life might be different than ours? Should you treat someone with a disability differently? Next, ask for several volunteers. Using the various items mentioned above have the students see what it might be like to have a disability. Gently rubber band fingers together (arthritis), earmuffs (deaf), blindfold (blind), sling (broken arm), et cetera.

Have them try to accomplish simple tasks around the classroom with their “disability”. Wrap up this lesson by asking the participants how they felt while they were disabled. Ask the spectators what they were thinking?

## Winners Walk Tall Presentation Idea

Character Coach Name: Susan Clifford  
Presentation Grade: 3rd  
Topic: Be Tolerant of Differences  
Pillar: Respect

### DETAILS:

Have each student cut out a snowflake and discuss how no two snowflakes in the entire world are ever exactly alike – and how each of us is like a snowflake, unique and beautifully different.

## Winners Walk Tall Presentation Idea

Character Coach Name: Michael Clark and Members of the Community Partnerships for Children

Presentation Grade: 3rd

Topic: Manners Matter

Pillar: Respect

### DETAILS:

- I. Pass out the scroll: “Manners Matter”
- II. Define Manners
  - a. *Polite ways of social behavior* (Webster’s New World Dictionary of the American Language)
  - b. Give some examples (not many)
    - i. Please
    - ii. Thank you
    - iii. Eating
    - iv. Sports
- III. Pass out a “Manners Matter” worksheet
- IV. Ask children to discuss some manners that they think are important.
- V. Ask them to act out their chosen manner?
  - a. Polite way
  - b. Impolite way
- IV. Summarize by asking them how they can use manners in the upcoming week.

# **MANNERS MATTER!!!**

**What are some of the manners that matter to you or others?**

## Winners Walk Tall Presentation Idea

Character Coach Name: Tricia Middleton  
Presentation Grade: 3rd  
Topic: What Can I Do For You? (or Make Many Different Friends)  
Pillar: Caring (or Respect)

### DETAILS:

During this time, everyone had to pick a secret friend. We drew names. You kept your friend for one week or for however long you want. The object is to sit with the secret friend at lunch, play with them at recess, leave them a special note, and a surprise on their desk. Just be extra nice to the secret friend.

You can also pick up something they have dropped. Who knows, you might end up with a new friend. We identified ourselves to our secret friend at our Valentine's Day Party.

## Winners Walk Tall Presentation Idea

Character Coach Name: Susan Clifford  
Presentation Grade: 3rd  
Topic: Wheel of Fortune  
Pillar: All

### DETAILS:

Practice gold balls are inexpensive and work well as alternatives to ping pong balls. With permanent marker, write on each ball so you have as many balls as kids in your class. Put the balls in a plastic painter's bucket – again cheap!

Draw a blank for each letter of our slogan on the board. It's a good idea to have the slogan in your hand so you can see how many of each letter. Give each student a number – it's their responsibility to remember the number and to pay attention!

Take turns pulling numbers out of the bucket – get the teacher to do that. The student with the number gives a letter, and you, Vanna, fill in the blanks. The first one to guess the slogan gets a prize.

I used part of a slogan and also gave a prize to the one who could finish it off.

For example:           The Buck Stops Here!  
                          What's right is right even if no one else is doing it!  
                          What's wrong is wrong even if everyone else is doing it!

## Winners Walk Tall Presentation Idea

Character Coach Name: Jackie Carter  
Presentation Grade: 3<sup>rd</sup> and 4th  
Topic: Understanding Other Peoples' Cultures  
Pillar: Respect

### DETAILS:

Teach students different ways to say hello and goodbye in other languages. Include gestures as well. If someone is interested contact me through Character Counts' office, 410-758-6677, for further information.

## Winners Walk Tall Presentation Idea

Character Coach Name: Candice R. Darling

Presentation Made to Grade: 7th

Topic: I am unique

Pillar: Respect

### DETAILS:

I read the attached fable aloud to the class. This fable comes from the book, Fables, written and illustrated by Arnold Lobel, Harper & Row Publishers, 1980, *Winner of the Caldecott Medal*.

After reading the story I asked what the moral of the story was. We discussed how unique we were, and that it wasn't always necessary to follow the crowd. That satisfaction comes from within.

I then passed out a colored sheet of paper with the words "I Like Me Because." Each student was asked to write down at least three points that made them special. Some of them had a hard time and I, and the teacher, offered encouragement to them. The papers were private. They could share them with me if they wanted to, but didn't have to share with the class. I then encouraged each student to take their paper home and share it with their parents.

## The Camel Dances

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The Camel had her heart set on becoming a ballet dancer.

“To make every movement a thing of grace and beauty,” said the Camel. “That is my one and only desire.”

Again and again she practiced her pirouettes, her relevés, and her arabesques. She repeated the five basic positions a hundred times each day. She worked for long months under the hot desert sun. Her feet were blistered, and her body ached with fatigue, but not once did she think of stopping.

At last the Camel said, “Now I am a dancer.” She announced a recital and danced before an invited group of camel friends and critics. When her dance was over, she made a deep bow.

There was no applause.

“I must tell you frankly,” said a member of the audience,” as a critic and a spokesman for this group, that you are lumpy and humpy. You are baggy and bumpy. You are, like the rest of us, simply a camel. You are *not* and never will be a ballet dancer!”

Chuckling and laughing, the audience moved away across the sand.

“How very wrong they are!” said the Camel. “I have worked hard. There can be no doubt that I am a splendid dancer. I will dance and dance just for myself.”

That is what she did. It gave her many years of pleasure.

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***Satisfaction will come to those who please themselves.***

Winners Walk Tall Presentation Idea

Character Coach Name:

Michael Clark & Members of the Community  
Partnerships for Children

Presentation Made to Grade: 3<sup>rd</sup>  
Topic: Make Many Different Friends  
Pillar: Respect

DETAILS:

- I. Introduce Topic of the Day: “Make Many Different Friends
- II. Ask question: **"Why are friends important?"**
- III. Discuss how you **make friends**.
- IV. Discuss how you **keep friends**.
- V. Different Friends:
  - A. Everyone on Earth is different.
  - B. We are all a little different from everyone else.
  - C. Friends do not have to be the same or be like you.
- VI. Assignment.
  - A. Ask the person three questions:
    1. What is your favorite food.
    2. What is your favorite thing to do.
    3. What is your favorite subject in school.
    4. Optional: Let them ask another question of their choice:
  - B. The other person asks.
  - C. Talk about your friends' differences and similarities.
- VII. Summary: remember people do not have to be just like us to be friends.

*See attached “Make Many Different Friends” worksheet.*

## Make Many Different Friends

What is your favorite food?

Same as me? \_\_\_\_\_

Different from me? \_\_\_\_\_

What is your favorite thing to do?

Same as me? \_\_\_\_\_

Different than me? \_\_\_\_\_

What is your favorite subject? (Or you can ask a different question if you would like to)

Same as me? \_\_\_\_\_

Different than me? \_\_\_\_\_

Other question:

Same as me? \_\_\_\_\_

Different than me? \_\_\_\_\_

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## Make Many Different Friends

What is your favorite food?

Same as me? \_\_\_\_\_

Different from me? \_\_\_\_\_

What is your favorite thing to do?

Same as me? \_\_\_\_\_

Different than me? \_\_\_\_\_

What is your favorite subject? (Or you can ask a different question if you would like to)

Same as me? \_\_\_\_\_

Different than me? \_\_\_\_\_

Other question:

Same as me? \_\_\_\_\_

Different than me? \_\_\_\_\_

## Winners Walk Tall Presentation Idea

Character Coach Name: Michael Clark & Members of the Community  
Partnerships for Children

Presentation Made to Grade: 3<sup>rd</sup>

Topic: Manners Matter

Pillar: Respect

### DETAILS:

- I. Pass out the scroll: "Manners Matter"
- II. Define Manners
  - A. *Polite ways of social behavior* (Webster's New World Dictionary of the American Language)
  - B. Give some examples (not many)
    - i. Please
    - ii. Thank you
    - iii. Eating
    - iv. Sports
- III. Pass out a the "Manners Matter" worksheet
- IV. Ask children to discuss some manner that they think are important.
- V. Ask them to act out there chosen manner:
  - A. Polite way
  - B. Impolite way

Summarize by asking them how they can use manners in the upcoming week.

## Winners Walk Tall Presentation Idea

Character Coach Name: Sara J Davidson

Presentation Made to Grade: 3<sup>rd</sup> & 4<sup>th</sup>

Topic: Whom Do You Trust?

Pillar: Trustworthiness (Also Responsibility, Respect, Caring)

Presentation Idea:

I blindfold a child and pick another child to be in charge of walking the blindfolded child around the room without bumping into anything. The blindfolded child feels how it is to trust and the caretaker experiences responsibility.

The students ask to do this over and over. I then try to relate it to working in groups.

## WINNERS WALK TALL PRESENTATION IDEA

Character Coach Name: Michael Clark and Members of the Community Partnerships for Children

Presentation Grade: 3rd

Topic: I Respect Myself

Pillar: Respect

### DETAILS:

Introduce the topic of the day.

*Scenario A: Respect yourself.*

Discussion of Scenario A: What kind of day was this person having? Bad – everyone has them. Because he respects himself he realizes that everyone makes mistakes and he will try to do better. Even though he had a bad day, because he is respectful of himself, he can be respectful of others.

*Scenario B: Respect yourself and what others say won't matter.*

Discussion of Scenario B: He was calling me pretty nasty names wasn't he? How do you think it feels when someone calls you names or insults you? It hurts but if you respect yourself you'll realize the stuff they say isn't true and you will be able to more easily ignore them and not let what they say bother you. What did I do to the person that was calling me names? Nothing. I didn't beat him up or throw him out of the room because I respect myself and know it isn't true. I handled it in a respectful way.

Have students talk about how they respect themselves.

How are they going to respect themselves today?

CHEER: "I RESPECT MYSELF!"

*See Scenario "A" and Scenario "B" below.*

Scenario "A"

**Friend:** Hi \_\_\_\_\_ how are you doing?

**Self-Respecting Person:** I'm not very happy right now.

**Friend:** Why Not?

**Self-Respecting Person:** Because I got an assignment back from the teacher and I didn't get a very good grade on it. Then when I was walking down the hall I tripped and fell. Everyone was looking at me. Later on the teacher yelled at me for talking in class.

**Friend:** That's too bad.

**Self-Respecting Person:** I'll be okay. I know everyone makes mistakes and so do I. I've had a bad day but I'll try to have a better one tomorrow. Even though I sometimes make mistakes I know I have got a lot of great qualities.

[PAUSE] How are you doing? I heard you did very well on your class work today. Congratulations!

**Winners Walk Tall Coach:** Hi \_\_\_\_\_ how are you doing today?

**Non-Self-Respecting Person:** I'm okay but you are a melon head and you dress yourself funny.

**Winners Walk Tall Coach:** That hurts my feelings and is embarrassing.

**Non-Self Respecting Person:** I don't care because you are a pickle head and you still like to watch Barney the purple dinosaur on T.V. As a matter of fact, I think you look like Barney the purple dinosaur.

**Winners Walk Tall Coach:** I'm sorry you feel that way. I don't like what you're saying and it's not very nice. But I know how I am and I respect myself. And I know that stuff isn't true. I Respect Myself!

## WINNERS WALK TALL PRESENTATION IDEA

Character Coach Name: Jacki Carter  
Presentation Grade: 3<sup>rd</sup> & 4th  
Topic: Consideration of Feelings and Others  
Pillar: Respect

### DETAILS:

Talk about Good Listener Ribbon. Have child put on a respect-acles before answering definition of respect. *What are spectacles?* An old-fashioned word for glasses. *Glasses help one to see better.* Respect-acles help one to see respectful behavior.

Define **Respect** in terms of behavior:

**Dictionary definition:**

To consider worthy of high regard  
To refrain from interfering  
An act of giving particular attention

**Self - Respect**

Respect for oneself as a human being  
Regard for one's own standing or position  
Be honest, have integrity, humility, responsibility, pride, do your best effort

Have each child put on the respect-acles to answer the following questions:

If the teacher is reading aloud to the class, how do you show respect?

If the class is lining up for recess and are shoving each other, how should they act to show more respect?

If there is only one toy to play with, how can we show respect?

If a classmate trips over something on the floor and falls, how can you show respect?

If your brother's soccer team loses the game, how can you show respect?

Respect Pillar: Value all persons  
Live by the Golden Rule  
Respect others dignity, privacy and freedom  
Be courteous and polite  
Be tolerant and accepting of differences

Give out blank faces (*see attached*). Have each child draw how they feel.

Why is it important to respect someone because of their feelings? Respect for your feelings?

Hand out Good Listener Ribbon. Coach chooses the first recipient of the ribbon. Coach can say, "Listening is a sign of respect. Robert was a good listener today and showed respect."

Each week the ribbon will be passed on to another child. But now get the children involved in the choosing, thus demonstrating responsibility on their part. If the child is having difficulty choosing the next ribbon recipient, coach can guide the child in making the choice.

<INSERT BLANK FACE OUTLINE>

## WINNERS WALK TALL PRESENTATION IDEA

Character Coach Name: Joe Hartmeyer

Presentation Grade: 5th

Topic: Shaking Hands

Pillar: Respect

### DETAILS:

I had the children walk to the front of the room and shake hands with the teacher. I videotaped each one of them with a camcorder and later showed it on their TV. Then we practiced walking tall, smiling, et cetera, and I taped them again. The difference was startling. They loved to see themselves on TV.



## WINNERS WALK TALL PRESENTATION IDEA

Character Coach Name: Chuck Gerhardt  
Presentation Grade: 3<sup>rd</sup> and 6<sup>th</sup>  
Topic: Whom Do You Respect?  
Pillar: Respect

### DETAILS:

For 6<sup>th</sup> graders, this first presentation about Respect requires a “vote” at the end of a preceding presentation. For 3<sup>rd</sup> graders the “vote” can be parent of this first presentation.

Attached are two forms that should be cut into slips for the children to use to vote for people they respect. The 6<sup>th</sup> graders use the form with space for three votes. The 3<sup>rd</sup> graders use the form with space for only one vote. Tabulate the votes and group them as necessary, i.e., Mom, Dad, parents, brothers, sisters, et cetera, all are grouped together as family.

Show the children the results of the vote on the chalkboard, flip chart, or poster board. In my experiences with this, the three top choices are: family, teachers, and friends. Ask them why they respect each of these and conclude that in general it is because they are kind to them and give with little expected in return. You can, also, have the children explain why they respect others on the list.

Discuss the difference between respecting people and things, such as weather, big dogs, deep water, et cetera. Most of the latter involving a degree of fear and things we cannot control. Emphasize that it is great that they listed friends as people whom they respect, suggesting that usually respect is based on having similar standards. For example, none of the children would respect a terrible criminal but that criminal probably respects another terrible criminal. They have similar low standards.

However, we have high standards and respect others with high standards. Everyone sets his or her own standards. Link this to self respect, where slipping below our own standards may cause us to lose self respect, but adhering to or exceeding our own standards increases self respect.

Whether “me” is on the list or not, close the session by recognizing that they should all consider themselves someone they respect. Respect is one way we show how we think about others and respecting oneself is one way we show how we think about ourselves. “I like me” and “I respect me” are things we should say and believe.

(See following two sheets)

**List someone you respect:  
someone you respect:  
(Who they are or what they do; not a name)  
are or what they do; not a name)**

**List  
(Who they**

**List someone you respect:  
(Who they are or what they do; not a name)  
not a name)**

**List someone you respect:  
(Who they are or what they do;**

**List someone you respect:  
respect:  
(Who they are or what they do; not a name)  
name)**

**List someone you  
(Who they are or what they do; not a**

**List three people you respect:  
respect:  
(Who they are or what they do; not a name)  
do; not a name)**

**1.**

**2.**

**3.**

**List three people you  
respect:  
(Who they are or what they  
do; not a name)**

**1.**

**2.**

**3.**

**List three people you respect:  
(Who they are or what they do; not a name)**

**1.**

**2.**

**3.**

**List three people you respect:  
(Who they are or what they do; not a  
name)**

**1.**

**2.**

**3.**

## WINNERS WALK TALL PRESENTATION IDEA

Character Coach Name: Chuck Gerhardt

Presentation Grade: 3<sup>rd</sup> and 6th

Topic: How To Show Respect?

Pillar: Respect

### DETAILS:

In this second presentation on respect, I show the children some examples of how not to behave. The first example is about meeting and greeting. I ask for a volunteer to come up and introduce him/herself to me. I remain seated, slumped in a chair, don't look at them, either give them a "high five" or weak hand shake, and just say "Hey" when he/she introduced him/herself. Then I ask the class what I did that was wrong. Having practiced proper handshaking etiquette, all of the errors are quickly identified.

Next, I demonstrate poor listening skills. I ask for a volunteer who like poetry to read a poem to me. I selected one of Mattie Stepanek's poems from his book **Heartsongs**. Mattie is an 11-year-old living in Upper Marlboro, Maryland who has a disease that has permanently confined him to a wheelchair and use of a ventilator. He has a simple, upbeat view of life.

While the volunteer is reading the poem, I look around the room and out of the window, seldom make eye contact with the reader, interrupt the reader, keep shifting in my seat, wave to and smile at some of the other children, look at my watch, and occasionally sigh with impatience. When the volunteer is finished reading the story or poem, I ask the class to describe all of the respectful listening errors.

Because I used Mattie's poem, I held up his book and asked if anyone knew about him. We talked briefly about his life – noting that he is certainly worthy of respect. Next, we talk about showing respect through our manners. I briefly mention that we should hold doors open for others, say "excuse me," use proper grammar (ask for example of poor grammar, like "ain't"), and use proper etiquette when eating – don't talk with mouth full, don't smack lips, use napkins to wipe mouth. Using good manners earns respect, poor manners can lose you respect.

I conclude this presentation by saying that self-respect is very important. Respect others and they will respect you and then you will feel good. Walk and sit tall. Like yourself. Be proud of yourself and your achievements. Forgive yourself if you make mistakes. Don't be overly critical of yourself. Laugh at yourself.